27th CSIR RACE SATURDAY, 21 OCTOBER 2017

21.1 km & 10 km Run/Walk

LIMITED TO 3500 ENTRIES

VENUE:	CSIR, North Gate, off Meiring Naude Road, Brummeria, Pretoria Coordinates: S25°44.874, E28°16.523
START TIME:	06:00 - 10 km and 21.1 km walk and run 06:05 - 5 km Fun Run
ENTRY FEE: PRE-ENTRIES AT SHOPS:	 21.1 km: R100 10 km: R80 5 km: R40 Grand Masters (60+): Full price Great Grand Masters (70+): free Great Grand Masters (80+): free Temp Licence: R30 Online entry: http://www.entrytime.com Run-a-Way Sport, Lynwood: 012 361 3733 Running Inn – Lifestyle Centre: 012 362 7322 The Runner's Store, Tramshed Shopping Centre: 012 320 0055 The Sweat Shop, Centurion: 012 665 0048
PRE-ENTRIES AT CSIR:	 Pre-entries at the CSIR Club Wednesday, 18 October from 17:00 to 19:00 at the CSIR, Sports hall, South Gate Thursday, 19 October from 17:00 to 19:00 at the CSIR, Sports hall, South Gate Friday, 20 October from 13:00 to 19:00 at the CSIR, Sports hall, South Gate Race Day from 04:30 to 05:45 at the CSIR, North Gate
ENQUIRIES:	Tebogo Gumede: 079 528 8410 Kagiso Keatimilwe: 082 448 1223 CSIR Club office: 012 841 4094



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PRIZES:	Position	Open	40 – 49	50 – 59	60+	70+	80+	Junior	Walkers
21.1 km	1	R1000	R500	R300	R300	R200	R150	R300	R600
	2	R600	R350	R250					R350
	3	R400							
10 km	1	R600	R350	R250	R250	R150	R100	R200	R400
	2	R450	R200	R200					R250
	3	R250							

Medals:

Gold for Category winners, 200 Silver, and Bronze for the rest 600 Medals for the 5 km fun runners

PRIZE GIVING: 08:00 – 10 km (run and walk) 09:00 – 21.1 km (run and walk) Prize winners have to be present at the prize giving

RULES FOR 10 km and 21.1 km RACES

- Race run according to the rules of ASA and AGN.
- Minimum age of 14 years for the 10 km and 16 years for 21.1 km.
- Athletes competing for category prizes must wear age category ID tags on back and front for official time to be registered.
- Prize winners have to be present at the prize giving.
- Cut-off time is 3 hours for all participants.
- Registered athletes must wear the 2017 license numbers in front and at the back of the vest.
- Traffic police and race marshals must be obeyed at all times.
- ID must be provided upon request.
- Foreign athletes must comply with IAAF Rule 4, paragraph 2 regarding handing over their permits to the organisers.
- Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against actions of nature arising out of their participation in the CSIR Race.
- Temporary Licence Athletes to wear the temporary licence at the back of their vest.
- Walkers must wear a "WALKER" or "W" tag on the front and back of their vests.
- No seconding permitted.
- Refreshment stations approximately every 3 km.
- Race number must be worn in front of the vest.

TERMS AND CONDITIONS

- No iPods or other listening devices permitted.
- No pets allowed.
- Regrettably, no wheelchairs or prams allowed course unsuitable.
- No blades, cyclists or mechanically operated devices allowed in the race.
- Tog bag area available at own risk.
- No littering allowed; use waste recycling bins provided.
- ALL gazebos' need to be put up on Friday. No gazebos / trailers will be allowed to be set up on Sat.

Medical support will be available on race day.

Results available on www.raceresults.co.za

